

PRESS RELEASE: HRH, The Duchess of Cornwall joins Horseback UK as patron to help veterans needing Mental Health support

At a time when we are seeing a crucial increase in awareness for mental health concerns in our society, HorseBack UK is delighted to announce Her Royal Highness The Duchess of Cornwall, as the Patron of the charity.

HorseBack UK provides essential help to those needing mental health support and the charity welcomes The Duchess of Cornwall's experience and support.

The Duchess shares a passion for horses, is a keen rider and understands the incredible emotional impact horses have on human recovery. It is this emotional connection, along with HorseBack UKs' distinctive educational tools, that make them leaders in Mental Health recovery.

Co-founder Emma Hutchison said "We are incredibly grateful to The Duchess of Cornwall for accepting the invitation to become our Patron. As a keen equestrian herself, HRH understands how horses can help have a positive impact on our well-being and recovery."

HorseBack UK has been running its Military courses since 2009 to empower serving and former military personnel suffering from both physical and mental life changing injuries. Using horsemanship and outdoor activities they deliver personal development programmes that encourage participants to acquire new coping strategies and life skills, and to build lasting resilience and leave with an official SQA qualification.

The Schools Development Programmes have been successfully running for the past six years. With an emphasis on participation and personal development, teenagers participate in the same SQA Level 4 Certificate in Personal Development Through Horsemanship over a 15 day programme.

As well as continuing with its military programmes HorseBack has developed a new Youth Development Programme in collaboration with The Prince's Trust which will offer support to those within the local community.

To find out more about HorseBack UK, please visit www.horseback.org.uk

Editor's Notes:

Co-founder of HorseBack UK, Emma Hutchison, is available for interview.

For media enquiries please contact Sophie at Panpathic Communications - Sophie@panpathic.com / 01323440998 / 07815 860 082

Images of HRH visiting Horseback UK can be accessed here (please note these are for use with this release only – thankyou):

<https://www.dropbox.com/sh/db0b499h5xomf1d/AAAFrnioPhbUYLXUDKpEendqa?dl=0>

ABOUT HORSEBACK UK

HorseBack UK is a multi-award-winning Scottish charity (registration number SC040765) based near Aboyne, in the Scottish Highlands. HorseBack UK works to improve health and well-being by inspiring recovery, positive change and renewed purpose amongst those who need it most and improving education and employment prospects for those who are disadvantaged or marginalised.

Using horsemanship, equine assisted learning, rural skills and the outdoors the charity delivers award-winning projects and personal development programmes that encourage participants to acquire new coping strategies, life skills and lasting resilience whilst gaining nationally recognised awards and qualifications.

Web: www.horseback.org.uk

Twitter: @HorseBackUK

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